

FROM THE PASTOR'S DESK



He Has Risen, What About Me?

We have just went through Lent and Holy Week, and together we commemorated the resurrection of our Lord Jesus Christ. This period has been a time of deep emotion, repentance and renewal for many of us. We have been moved by the message of the cross and encouraged by the hope of His resurrection. But as the Lenten season passes, we need to pause and ask ourselves a simple question: **The Lord has risen, what about me?**

The Bible reminds us in **Colossians 3:1–2**: *“If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth.”* This passage makes it clear that the resurrection is not just something we believe in. It is a life we are to live out. All too often, our understanding of the resurrection remains merely at the level of ‘knowing’. We know that Jesus has risen, and we believe that He has conquered sin and death. Yet when we return to our daily lives, we may find that our pace of life, our focus, and even what our heart rely on, have not really changed. The emotions we felt during Lent slowly fades in our busyness, and soon we find ourselves back in our old ways. I am sure there were moments when we were truly prompted and moved, but such spiritual highs are not easily sustained. When life returns to its usual routine, and pressures and responsibilities pile up again, we can easily get caught up in many things and even forget what once touched our hearts. Therefore, Paul is not reproaching us here, but reminding us: since we have been raised with Christ, we ought to live differently. To “seek the

things that are above” does not mean running away from the realities of life. Instead, we are called to continually turn to the Lord in our daily lives. We will still face the demands of work, family and other responsibilities, but we are no longer driven solely by the matters before our eyes. Rather, we are to live with Christ at the centre – seeking His will in our decisions, relying on Him in times of pressure, and living out His love in our relationships.

A resurrected life is not necessarily reflected through dramatic, earth-shattering changes. More often than not, it is a gradual change that emerges in the ordinary – a little more gentleness in how we speak, a little more obedience in the choices we make, a little more trust when we face difficulties. Such changes may be inconspicuous, yet they are a genuine expression of a life ‘raised with Christ’. Therefore, Easter is not just something we remember once a year. It is a reminder to live out our new life day by day. The Lord has risen and has granted us new life. **As for me, am I also living it out daily, step by step?** May we not merely stop at commemorating the Lord’s resurrection, but may we also, gradually and daily, live out our new life in Christ.

Pastor May Yee

**The above is a translated version of the original letter written in Chinese by Pastor Chan May Yee, which was posted on JACM’s bulletin on 5 April 2026.*