



WESTSIDE ANGLICAN CHURCH

Strengthening Families, Impacting Communities

24 October 2021

Bishop of Singapore The Rt Revd Dr Titus Chung
Assistant Bishop and Archdeacon of Singapore Rt Revd Low Jee King

Vicar Revd Canon Lewis Lew

Pastor-in-Charge Ps Kelvin Koo

Honorary Priest Revd Lew Kiat Lern (SAC, Chaplain of TJNH)

Staff Ps Justin Chua, Ps Gladys Zhong, Sharon Tan

WELCOME!

Thank you for taking the time to be with us today! We are so glad you are here with us. If you are watching us for the first time, we would like to connect with you! Please fill in the online Newcomer's Form at:

<https://wac.org.sg/newcomers-form/>

GENTLE REMINDER

If you wish to make your tithe and offering, you may do so either through PayNow, Internet/Mobile Banking or cheque. The details about which you can do so is on page 12.

PRAYER & MINISTRY

If you would like to talk to someone or receive prayer ministry, you may contact our Priest-In-Charge, pastoral staff or any of our church leaders.

STAFF CONTACT

Ps Kelvin Koo: kelvinkoo@cathedral.org.sg

Ps Justin Chua: justinchua@cathedral.org.sg

Sharon Tan: sharontan@cathedral.org.sg

TO PRESENT EVERYONE MATURE IN CHRIST

Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ.

Colossians 1:28



COLLECT 21st Sunday After Trinity

Stir up, O Lord, the wills of your faithful people; that richly bearing the fruit of good works, they may by you be richly rewarded; through Jesus Christ our Lord. Amen.

LECTIONARY READINGS

Isaiah 55:1-11

John 5:36b - end

DUTY SCHEDULE (LIVE STREAMING @ YOUTUBE)

	<u>This Week: 24 October</u>	<u>Next Week: 31 October</u>
	<u>(Holy Communion)</u>	
Chairperson	Pang Kwee Hoon	Pamela Pung
Speaker	Revd Lew Kiat Lern	Ps Chay Jia Xin
Praise Leader	Jethro Tay	Ps Justin Chua
Music Team	Esther Chan, Matthew Chew, Nicholas Lau	Scarlet Leong, Jeremy Wong, Nicholas Lau
Audio-Visual	Joey Lim, Cherie Soon, Phoebe Loo, Ngoh Zhi Jun	Jonathan Leow, Low Sze Yen, Chang Lyn, Ngoh Zhi Jun
Holy Communion	Revd Lew Kiat Lern, Ps Kelvin Koo	-
Intercessor	Darryl Ng	Pearl Wee
Scripture Reader	Edward Chen	Shirleen Toh



DEVOTION FOR THE WEEK

Give Thanks in All Circumstances

The past few weeks have been increasingly unbearable for me, in terms of physical pain. It all started when I felt a minor yet familiar pain in my lower right 2nd molar. I brushed it off, thinking it was just one of those minor cavities that can be fixed with a simple filling in my next appointment with the dentist. Near the end of September, I went to the dentist and told him about the toothache. Upon inspection, he told me that there was nothing visibly wrong with my tooth. I immediately knew that it could only be something much worse.

With the help of an X-ray, he told me that the decay in the tooth that was impacted by a previously removed wisdom tooth had already reached the nerves, which explain the perpetual pain I'm experiencing. There were only two (painful) options. Either I extract the tooth, or I have to go through a root canal treatment. Since this would be a decision that would have a long-term effect, naturally, I asked to think about it first before deciding what to do about it.

Over time, the tooth became more and more painful, to the point where it became hard for me to focus at work, and even affecting my sleep. I've found myself rolling around in bed until 5:00am, getting out of bed to walk around in circles desperately trying to magically make the pain go away. At the time of writing this devotion, just a simple touch would cause a sharp pain.

In these sleepless nights, in my anguish, it made me think back of how I've always told people to be thankful in every circumstance. The pain was so unbearable that it was so tempting to think that there was nothing I could give thanks for, as all I wanted was for this pain to go away so I could get some rest. However, I knew it was now my turn to walk the talk.

It was difficult at first, but soon enough, I've come to realise that it's the small things in life that we can be thankful about. I thank God that I am at least experiencing the pain in the comfort of my home. I thank God for accessible dental care in Singapore. I thank God that it could be worse.

1 Thessalonians 5:16–18

*[16] Rejoice always, [17] pray without ceasing, [18] **give thanks in all circumstances**; for this is the will of God in Christ Jesus for you. (ESV)*

In Paul's final words to the Thessalonians in his first letter to them, we see a short excerpt encouraging the Thessalonians to do three things. Rejoice always, pray without ceasing, and to give thanks in all circumstances. There seems to be a connotation of "forever" tied to this, and this "forever" means throughout the good and especially the bad, we give thanks. That "forever" suggests that we should have an unceasing fellowship with God, and have our lives revolving around God.

In our pain and anguish, what or who do we turn to? The pain that I had experienced can only provide me a glimpse into the pain that some of our cancer-fighting brothers and sisters in Christ are experiencing. Pain also manifests itself in different forms, be it physical or emotional. However, in our pain, are we able to give thanks to God still? Are we able to be appreciative of all the other big and small things God have blessed us with and be in a constant state of joy?

Tonight, when the pain comes, I don't know for sure if I can continue singing praises and thanking God. However, I know I'm just going to try my best at doing so, no matter how painful it may get. At the very least, I can thank God that the pain should be treated in a few days' time with a trip to the endodontist at the time of writing.

In our moments of pain, in our moments of “God, where are you?”, let’s strive to still be thankful in those situations, and trust in God that his plans are good for us, no matter how strange they may seem to be. May God be glorified in our thoughts and actions.

—

Our heavenly father, we are sorry for the times when we were not grateful of what you have blessed us with. Teach us to be grateful and be appreciative of every small thing that we have going for us. For those of us going through any forms of pain, be our comfort and be our strength to soldier on. In Jesus’ name I pray, amen.

A handwritten signature in black ink, consisting of a stylized, cursive 'J' followed by a 'K'.

Pastor Justin



PRAYER HIGHLIGHTS

WORLD

Collaboration by world leaders

The UN Development Programme chief Achim Steiner said that large parts of the world are facing the equivalent of a famine when it comes to vaccine equity. This is self-defeating because the pandemic will still keep coming back. Pray that rich countries will help poorer countries achieve a high rate of vaccination so that the world can stem the rising tide of COVID-19 infections. Pray also for world leaders to put aside their differences and work together to fight climate change in a race against time.

SINGAPORE

COVID situation

Pray for the Ministry of Health as they closely monitor the recent spike in the number of cases to determine if it is a temporary spike or a further surge in infections and for wisdom to manage the COVID situation in Singapore. Pray for protection over our unvaccinated seniors as daily infections among this group has risen to over 100 a day; for our hospitals to cope with the pressure and strain arising from the growing number of persons requiring ICU and for COVID-19 transmission in our nursing homes to be contained.

WESTSIDE ANGLICAN CHURCH

- **Our Overseas Ambassadors**

We continue to pray for all our overseas ambassadors, **Amaris Lee, Isaac Wong, Jack Chou, Sarah Soo, Hu Yang and Joshua Leong.**

- **Little Seeds Preschool (St. Andrew's)**
- **Boy's Brigade (BB95J)**
- **Anglican Care Centre (ACC) Bukit Batok**
- **Anglican Senior Centre Jurong West**
- **St. Andrew's Nursing Home (Taman Jurong)**

COMING UP @ WAC

OCTOBER 2021

- 31 MISSION SERVICE
SPEAKER: PS CHAY JIA XIN

NOVEMBER 2021

- 7 SUNDAY SERVICE
SPEAKER: PS JOANN LIN
- 11 COUNCIL MEETING
ZOOM
- 12 CORPORATE PRAYER MEETING
ZOOM
- 14 SUNDAY SERVICE
SPEAKER: PS KELVIN KOO
- 21 SUNDAY SERVICE
SPEAKER: PS JUSTIN CHUA
- 28 SUNDAY SERVICE
SPEAKER: REVD LEW KIAT LERN

DECEMBER 2021

- 5 SUNDAY SERVICE
SPEAKER: PS JOANN LIN

DECEMBER 2021

- 12 SUNDAY SERVICE
SPEAKER: REVD LEW KIAT LERN
- 19 SUNDAY SERVICE
SPEAKER: REVD CANON LEWIS LEW
- 26 CHRISTMAS SERVICE
SPEAKER: PS KELVIN KOO
- 31 WATCHNIGHT SERVICE
SPEAKER: PS KELVIN KOO

JANUARY 2022

- 2 SUNDAY SERVICE
SPEAKER: PS JOANN LIN
- 9 SUNDAY SERVICE
SPEAKER: PS KELVIN KOO
- 16 SUNDAY SERVICE
SPEAKER: PS EUNICE NEO
- 23 SUNDAY SERVICE
SPEAKER: REVD LEW KIAT LERN
- 30 MISSION SUNDAY
SPEAKER: CANON YEE CHING WAH

ANGLICAN PRESCHOOL SERVICES HIRING NOTICE



Growing children into their God-given identity

We are Hiring!

Teaching

(mainly at Childcare centres at various locations)

- Infant Educarer (English/Chinese)
- Teacher (English/Chinese)
- Centre Leader
- Assistant Teacher



Administrative

(Non-Teaching)

- Administrative Executive
- IT Executive/Manager
- HR Executive

Non-Administrative

(Non-Teaching)

- Facilities Technician
- Cleaner
- Cook
- Night Caretaker



Check out detailed Job Descriptions
and register your interest at
littleseeds.edu.sg/careers



Alternatively, send your resume to
joinus@AnglicanPS.edu.sg

MENTAL HEALTH ISSUES IN THE YOUNG



MENTAL HEALTH ISSUES IN THE YOUNG

A CONVERSATION WITH A/PROF. JOHN WONG CHEE MENG



Several fatal incidents over the last year involving youths have shocked the nation and turned the spotlight on what may just be the tip of the iceberg—and that is the prevalence of mental health issues in our young people in Singapore.

Singapore is a high pressure competitive society where the overwhelming desire to get ahead and stay ahead is ingrained early in life. Failure is not an option. The stresses that this produces are keenly felt in our vulnerable youths and may manifest psychologically, sometimes in a tragic manner.

Do join us for this Zoom conversation with A/Prof John Wong on this touchpaper topic and gain an insight on how you can recognise the signs and provide help, particularly if you are a parent.

A/Prof Wong was formerly the Head of the Department of Psychological Medicine in the National University of Singapore and is the Director of its Mind Science Centre. This Zoom conversation will be held at **7pm on Thursday, 18 November 2021** and will be moderated by A/Prof. Joseph Thambiah

Please register at <https://bit.ly/sachfNov21>

You will be sent a link with instructions via email. You are encouraged to send any questions that you may have ahead of time to SACHFhealthtalk@email.com

Do also look out for our next talk to be held on 20 January 2022 by Bishop Emeritus Dr. Robert Solomon entitled "Aging Gracefully & Living Fruitfully"

MENTAL WELLNESS IN AGEING

Mental Wellness IN AGEING



This talk attempts to draw on some practical steps to help us maintain mental wellness in our ageing.

Speaker: Revd Gilbert Wong

Registration: email to davidng@cathedral.org.sg
or WhatsApp 98332786

Organised by Senior Members' Fellowship

29th October 2021 | 10.30am to 12pm



ANNOUNCEMENTS

NOTICE OF ORDINATION

DIOCESE OF SINGAPORE

NOTICE

of Intention to seek HOLY ORDERS

Notice is hereby given that**Koo Chee Yong**.....

now residing in The Rainforest, Blk 333, Chua Chu Kang Ave 3, #03-07,
Singapore 689870

intends to offer himself a Candidate for the **Holy Order** of**Deacon**.....
within the limits of the Diocese of Singapore at the ensuing ordination to be held
by the Right Reverend **TITUS KHIAM BOON**, Bishop of Singapore .

And if any person knows any just cause or impediment for which he ought not to
be admitted into Holy Orders for the Diocese aforesaid he is now to declare the
same or to signify the same to the Bishop.

CONGRATULATIONS!

Cheong Yue Seng and Wee Ai Ting Pearl are happy to announce they were united in marriage at St. Andrew's Cathedral on 23 October 2021.

TITHES AND OFFERINGS

Thank God for your faithfulness in giving to the Lord our God.

In view of the COVID situation, tithings and offerings continue to be done electronically. For details, please refer to the bulletins or check with Admin.



WAC ELECTRONIC TITHING

Internet/Mobile Banking

Login to your bank's Internet Banking website and add Westside Anglican Church as a payee using the details below:

Account Name: Westside Anglican Church

Account Number: DBS Autosave 033-901156-8

Bank Code: 7171 | **Bank Branch:** 033

Your Initials: Tithing Number (if any)

PayNow

Step 1 - Log in to your bank internet banking or mobile banking app.

Step 2 - At the PayNow transfer screen, enter the UEN.

Westside Anglican Church's UEN: T08CC4055LWAC

Cheque Deposit

If you wish to tithe by cheque, please remember to:

1. make the cheque payable to 'Westside Anglican Church'.
2. write WAC's account number on the back of the cheque.
3. indicate the purpose of the payment (tithe, freewill offering, etc.) on the back of the cheque.

You may drop the cheque to any DBS/POSB branch.

WAC's Account Number: 033-901156-8

If you wish to make direct cheque deposit to WAC Building Fund, please remember to:

1. make the cheque payable to 'St Andrew's Cathedral - WAC Building Fund'.
2. write WAC Building Fund's account number on the back of the cheque.
3. indicate "WAC Building Fund" on the back of the cheque.

You may drop the cheque to any DBS/POSB branch.

WAC Building Fund's Account Number: 0039533675

CELL GROUPS

We gather in small groups (known as cell) for encouragement through bible study, prayer & other activities. We welcome you to join us! If you would like to find out more, you can email the cell leaders directly.

<u>CELL NAME</u>	<u>CONTACT</u>	<u>VENUE/DAY/TIME</u>
ACTS	Jason Tan jastan_98@yahoo.com	1 st & 3 rd Fri, 8:00pm Zoom
Blessed LIFE	Henri Ngoh henri.ngoh@yahoo.com	2 nd & 4 th Thurs, 8.00pm Zoom
Evergreen	Margaret Chew margaretc Chew@hotmail.co.uk	1 st & 3 rd Fri, 8.00pm Zoom
The Seekers	Jon Koo seekerscell@gmail.com	1 st & 3 rd Fri, 8:00pm Zoom
Destiny Impact [Youth]	Luk Ching wac.destinyimpact@gmail.com	Jehovah Jireh Sanctuary Sat, 2:00pm
Salvation	Jimmy Ng & Ng Siew Choo schoojim@hotmail.com	Thrice per month, Wed 8.00pm Zoom
CROSSroads [Young Adults]	Thia Jun Hoong junhoong@gmail.com	1 st & 3 rd Fri, 8:00pm Zoom
Pure Heart	Reginald Low & Cindy Low tiong.liping.cindy@gmail.com	1 st & 3 rd Fri, 8:00pm Zoom
Lighthouse	Jeslyn Chua jeslynchua3@gmail.com	1 st & 3 rd Fri, 8:00pm Zoom
Teleios	Ong Jie Hui teleios.cellgroup@gmail.com	3 rd /4 th Fri, 8.00pm Zoom

CONTACT US

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SUNDAY SERVICE VENUE

Jehovah Jireh Sanctuary
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10 Science Centre Rd, S(609079)
Website: <https://wac.org.sg>